

Immunotherapy and integrative Oncology

Evidence and clinical practice

Thu, 3 April 2025, GDI, Rüschlikon/Zurich
09:00–12:30 workshops, 14:00–18:00 plenary session

ORGANIZER



PARTNER



Kantonsspital
St.Gallen



Immunotherapy and integrative Oncology

Evidence and clinical practice

Dear Colleagues,
Dear Oncology Nurses,

Thanks to new immuno-oncology treatment options the prognosis of many advanced tumor diseases has improved considerably in recent years.

With the knowledge of the immunological causes of cancer and the experiences with the new therapeutic options, the patient's immune system as an important resource for successful treatment increasingly becoming more and more the focus of interest.

The ESIO Update 2025 will focus on immunotherapies in integrative oncology and therefore deals with the question of possible synergies, but also the potential risks of combining targeted immunotherapies with well established procedures from complementary medicine.

Measures to strengthen the Immunosystem have a long tradition in integrative medicine.

Good scientific evidence exists on the immunomodulating effects of plant substances, hyperthermia, exercise, mindfulness and stress reduction.

In addition to an overview of the standards and predictive markers in immuno-oncology, the presentations will address, the potential of hyperthermia, plant extracts, but also the important role of psychoneuro-immunology. Last but not least an overview will be presented about the management of immunrelated toxicity.

This year, we have once again succeeded in attracting renowned experts for the lectures.

On behalf of the European Society for Integrative Oncology we are very much looking forward to your participation and an intensive exchange with colleagues and friends.


Boris Hübenthal


Valeria Milani


Daniela Paepke

WORKSHOPS (IN GERMAN)

	Raum 2	Raum 3
09:00–10:00	The healing power of beauty and art (in english) Prof. Dr. med. Enzo Grossi	Neuraltherapie Dr. med. Susanne Roas
10:00–10:30	Kaffeepause	
10:30–11:30	Misteltherapie PD Dr. med. Daniela Paepke	Sexualität und Krebs Dr. med. Regina Widmer
11:30–12:30	Cannabis Dr. med. univ. Sandra Pittl	Hypnose Martin Rösch
12:30–13:30	Mittagspause	
13:30–14:00	Arrival	

PLENARY SESSIONS (IN ENGLISH)

14:00–14:15	Introduction Dr. med. Valeria Milani, PD Dr. med. Daniela Paepke, Zurich
14:15–15:00	Keynote: Update Immuno-oncology 2025 Prof. Dr. med. Mascha Binder, University Hospital Basel
15:00–15:30	Hyperthermia and immunology Prof. Dr. med. Rolf-Dieter Issels, LMU Munich
15:30–16:00	Psychoneuroimmunology Prof. Dr. Dr. phil. Harald Walach, Change Health Science Institut, Basel
16:00–16:45	Break and presentation of the exhibitors
16:45–17:15	Microbiome and Immunology Dr. med. Alix Schwarz, TUM University Hospital rechts der Isar, Munich
17:15–17:45	Immunomodulating and Supportive Phytotherapy Prof. Dr. med. Roman Huber, University Hospital Freiburg
17:45–18:00	Discussion and conclusion
from 18:00	Apéro riche



Dr. med.
Boris Hübenthal
*Centre for Integrative
Oncology, Zurich*



Dr. med.
Valeria Milani
*Centre for Integrative
Oncology, Zurich*



Prof. Dr. med.
Rolf-Dieter Issels
LMU Munich



Dr. med.
Alix Schwarz
*TUM University Hospital
rechts der Isar, Munich*



Prof. Dr. med.
Enzo Grossi
*USI Università della
Svizzera italiana*



Dr. med.
Regina Widmer
*Formerly Women's
practice Runa, Solothurn
regyna.ch*



Dr. med. univ.
Sandra Pittl
*Centre for Integrative
Oncology, Zurich*



PD Dr. med.
Daniela Paepke
*Zollikerberg Hospital,
Zurich*



Prof. Dr. med.
Mascha Binder
*University Hospital
Basel*



Prof. Dr. Dr. phil.
Harald Walach
*Change Health Science
Institut, Basel*



Prof. Dr. med.
Roman Huber
*University Hospital
Freiburg*



Dr. med.
Susanne Roas
*Centre for Integrative
Oncology, Zurich*



Dr. med.
Martin Rösch
*Psycho-oncological
practice, Constance*

VENUE

GDI Gottlieb Duttweiler Institute
Langhaldenstrasse 21, 8803 Rüschlikon/ZH



WITH KIND SUPPORT FROM

PARKING LOTS

Parking deck at Park im Grüene Zürcherstrasse 4, 8803 Rüschlikon
Two e-charging stations are available free of charge directly in front of the GDI.

PUBLIC TRANSPORT

- Zurich/Bürkliplatz: Bus no. 165 to Langhaldenstrasse, 5 min. walk from there
- Thalwil train station: Bus no. 156 to Park im Grüene, 5 min. walk from there
- S-Bahn S24/S8 to Rüschlikon station, from there bus no. 165 to Langhaldenstrasse
- S-Bahn S2 to Thalwil station, from there bus no. 156 to Park im Grüene

PARTICIPATION

The plenary sessions are free of charge.
The participation fee for the morning workshops is CHF 75.
Due to limited places, early registration is requested until March 24th. We look forward to your registration.

Register online: www.esio.ch

EDUCATION CREDITS

applied for:
Credits SRO
Credits SGMO
Credits SGAIM
Credits VAOAS