

myDoctorAngel Academy: Multidisciplinary Events for Medical Oncologists and other Specialists Featuring Advanced Technologies

1.1 Topic

The myDoctorAngel aims to revolutionize the field of oncology and chronic care in Switzerland by integrating advanced technologies and wearable devices into the healthcare ecosystem. The myDoctorAngel Academy is a comprehensive educational program seeking to empower doctors with the skills and knowledge needed to implement cutting-edge technological solutions in the clinical practice.

These technologies are intended to elevate the standard of cancer care, driving Swiss medical excellence to new heights. The course of events will cover a variety of topics, such as data analytics in oncology, remote patient monitoring through wearable devices, and the utilization of artificial intelligence for more precise diagnoses and treatment plans.

1.2 Project Leader & Organization

PD Dr.med. Pereira Mestre Ricardo
Spec. in medical oncology and internal medicine, FMH Member
Chief Medical Officer
myDoctorAngel SA
Via della Posta 21, 6934 Bioggio, Ticino - Switzerland
Phone: +41(0)79 307 81 25
Mail: ricardo.pereiramestre@mydoctorangel.ch
Website: <https://mydoctorangel.ch/en/>

2 Rationale of the myDoctorAngel Academy

In the swiftly evolving landscape of healthcare, the field of oncology is at the forefront of transformation, characterized by groundbreaking advancements in immunotherapies, targeted treatments, and gene editing. These medical advances bring forth new opportunities for improved patient care but also present intricate challenges for healthcare providers. Given the rapid pace of change, the need for continuous education and training is more crucial than ever.

Not only must healthcare providers stay current on the latest therapeutic options, but they must also adapt to technological advancements revolutionizing the field. The integration of smart technology and wearables has become increasingly pivotal in patient monitoring and treatment, particularly in oncology. Real-time data collected by these devices can flag critical changes in a patient's condition, enabling timely interventions that can significantly influence outcomes. These technological tools offer healthcare providers new avenues for effective and immediate decision-making, but their use also demands a specialized skill set that traditional educational approaches may not adequately cover.

This is where the myDoctorAngel Academy comes into play, offering customized, learner-centric educational programs. These courses delve into the practical application of smart technologies, including the use of wearables for real-time monitoring, data interpretation, and the ethical considerations surrounding continuous patient monitoring. But the academy's scope extends beyond technical proficiency; it also covers the soft skills and ethical considerations crucial to comprehensive patient care.

A truly multidisciplinary approach is required to treat the whole person, not just the disease. Holistic treatment, a tenet of modern oncology, demands that healthcare providers are well-versed in a broad spectrum of care aspects, from medical intervention and patient education to psychological support and physical well-being. Cancer treatments often come with physical and emotional challenges that require a multifaceted care strategy to mitigate.

The myDoctorAngel Academy aims to equip healthcare providers with this rounded skill set, emphasizing not just technological and medical aspects of care but also psychological and physical well-being. Such an approach is essential because neglecting any of these elements could lead to incomplete care, potentially affecting patient outcomes negatively. Thus, the academy serves as an indispensable educational platform, uniquely positioning healthcare providers to meet the diverse and ever-evolving needs of oncology patients.

Given the increasing global prevalence of cancer, the complexity of cases, and the rapid integration of technology into healthcare, it's clear that the demands on oncology healthcare providers are escalating. Only through a commitment to continuous, multidimensional education can these professionals stay abreast of both medical and technological advancements, ensuring they are fully prepared to deliver the highest standard of care to their patients. Therefore, the comprehensive, multifaceted training offered by the myDoctorAngel Academy is not just advantageous but essential for any healthcare provider aiming for excellence in oncological care.

3 Aim of myDoctorAngel Academy

The myDoctorAngel Academy course is designed to equip oncologists and other medical doctors with the skills, knowledge, and tools they need to implement a multidisciplinary, tech-enabled approach to oncology care. The focus of the training for doctors is based on the toxicities to oncological treatments and their management. Additionally, the technologies that could help better manage the adverse events to oncological treatments will be illustrated and tested.

4 Detailed description of the educational events

Eligible Participants

The myDoctorAngel Academy events are tailored for Medical oncologists and Internal Medicine specialists but also open to other Medical doctors from different specializations (Cardiology, Pneumology, Neurology and many others).

Course Location

Via della Posta 21, 6934 Bioggio, Ticino – Switzerland

Time Schedule

- Lectures: 18:00 – 20:00
- Standing dinner from 20:00

Course Language

Italian

Course Content (all the events have the same format and only change title and speaker)

Event 1: Overview About Recent Advances in Oncology (2h) – Date: 11.03.2026

Moderator: PD Dr. med. Ricardo Pereira Mestre, internal medicine and oncology specialist, FMH Member

18:00 - 18:30 **Update in Lung Cancers treatment and management**
Medical oncologist to be defined

18:30 - 19:00 **Update in Breast Cancer treatment and management**
Dr.med. Lorenzo Rossi, Medical oncology specialist, Oncology Institute of Southern Switzerland

19:00 - 19:30 **Update in Gastro-intestinal Cancers treatment and management**
Medical oncology specialist to be defined

- 19:30 – 20:00 **Update in Genito-urinary Cancers treatment and management**
PD Dr.med. Ricardo Pereira Mestre, Medical oncology and internal medicine
specialist, Oncology Institute of Southern Switzerland
- 20:00 - 20:05 **Conclusion**
- 20:05 Networking Dinner

Event 2: Understanding Adverse Events of Cancer Treatments (2h) – Date: 20.05.2026

- Moderator and speaker: PD Dr.med. Pereira Mestre Ricardo
- Topics: Immunotherapy, TKI's and Target Treatments, ADC's, Bispecific Ab, others
- Speakers: 2 Medical oncologists to be defined

Event 3: Update on recent advances in oncology and hemato-oncology: (2h) – Date: 23.09.2026

- Moderator and speaker: PD Dr.med. Pereira Mestre Ricardo
- Melanoma and skin cancers, Gynecologic cancers, CNS tumors, hemato-oncology.
- Speakers: 2 Medical oncologists to be defined

Event 4: Digital Tools and AI for Oncology update (2h) – Date: 02.12.2026

- Moderator and speaker: PD Dr.med. Pereira Mestre Ricardo
- Innovations in Oncology and Chronic Care
- Speakers: 2 Medical oncologists to be defined

The budget allocation for 4 academy events is planned as follows:

- Hiring of Lecturers: 10'000 CHF
- Venue, Standing Dinner and Logistics: 5'000 CHF
- Administration and Registration management: 5'000 CHF

Venue:

myDoctorAngel SA
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